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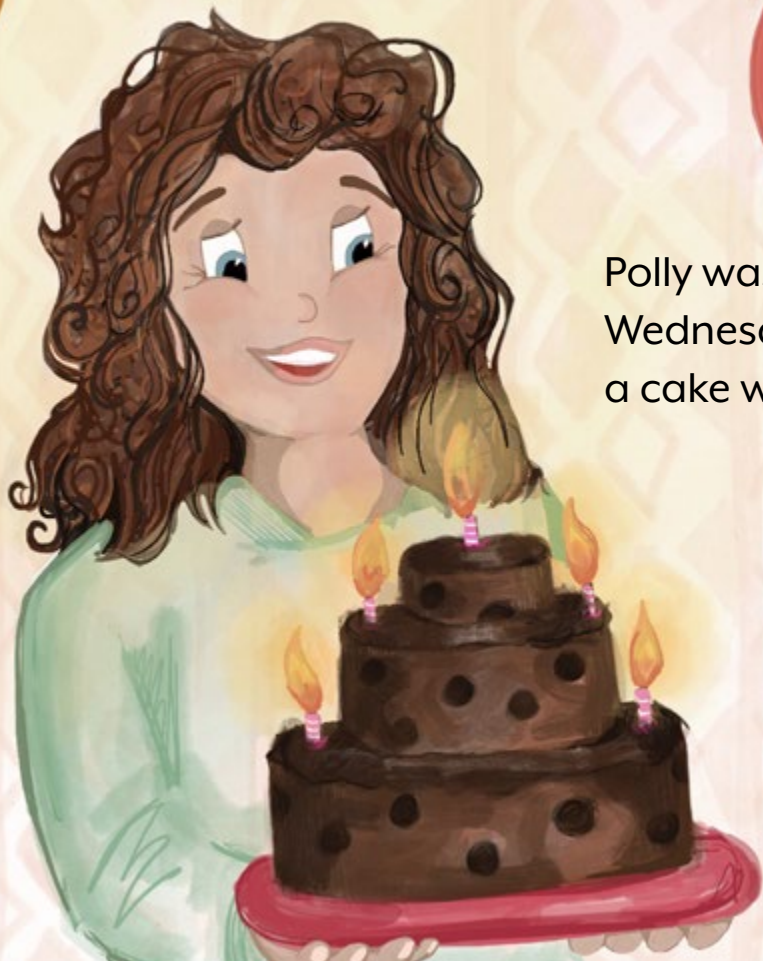
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Polly was five. Her birthday was on a Wednesday and her Mummy made her a cake with lots of chocolate buttons.





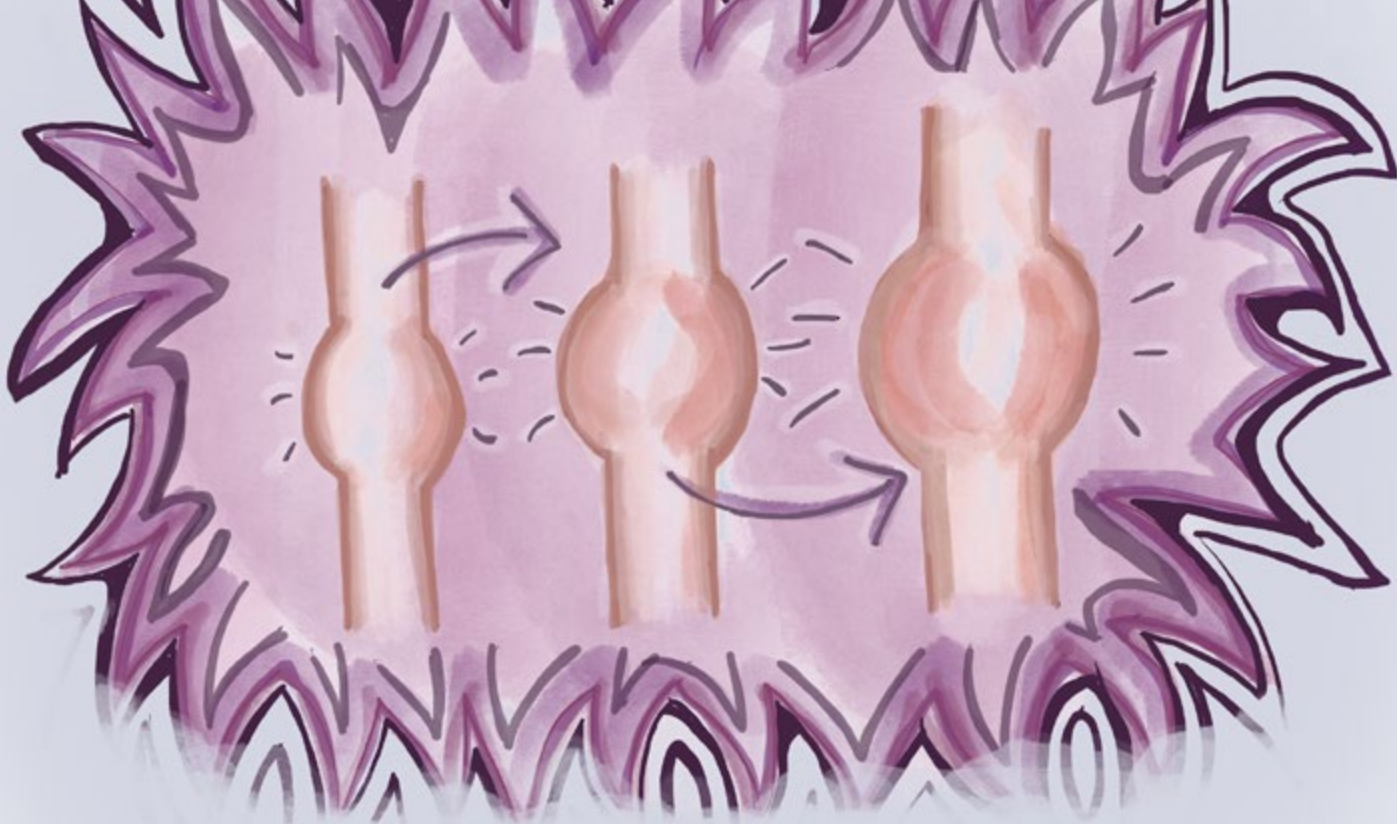
Polly had a party on the Saturday and played lots of games.
They had musical statues and pass the parcel and races.



Polly had nearly won the pass the parcel, but she was slow in the racing games. That wasn't like Polly as she was normally really good at running. Painting and running were her two favourite things.



After the party when Polly had her bath she told her Mummy she couldn't run fast because her knee wouldn't move properly.



Over the next few weeks Polly's knee got bigger and became difficult to move. She went to see her doctor with her Mummy and the doctor said he wanted them to go and see another doctor at the children's hospital.



Polly went to the children's hospital and met Dr Bendy. Polly lay down and moved her toes, ankles, knees and hips.



Then they played a game of copying making Polly pretend to be a lion roaring and making her hands into claws.

Dr Bendy said she knew what was wrong with Polly's knee. She had arthritis. Polly thought arthritis sounded funny, and wondered what it meant. So did Mummy.

Dr Bendy explained about joints in our bodies, and that they are the moving parts between our bones. When you have arthritis you have inflamed joints. That means the joint can be swollen, painful, difficult to move or even only able to move a little bit.





Dr Bendy told Polly not to worry they would get her knee better.

Dr Bendy asked Nurse Mac Buzzy to explain about how Polly could have her knee fixed. Polly was going to have some special medicine injected in her knee whilst she was asleep and then her knee would be much better.

Even though her knee was the only part of Polly that she thought wasn't well, Dr Bendy still wanted her to meet her friend Dr Look.

Dr Bendy and Nurse Mac Buzzy wanted him to look at Polly's eyes to make sure they weren't affected by inflammation in her eye.

Dr Look asked Polly to put her head up close to his special machine called a slit lamp. This is a very special light which makes eyes look very big so he could look in to her eyes and see really well what was going on inside them. Dr Look told Polly and her Mummy that Polly had uveitis (inflammation inside her eye) and she would need to take some medicine to make it better.





Dr Look explained to Polly that when he looked in to her left eye it was like looking through a window at a snow storm. Polly thought it was funny that it might be snowing in her eye.



She told Doctor Look that she liked to look through her bedroom window to watch the stars at night and that she had been in a snow storm once with her Mummy when she walked home from school.

Polly said she liked the snow to play in but didn't want her eyes to get filled up with snow – you can't see through snow!

Dr Look had agreed and said Polly was very clever to work that out.

Doctor Look said it wasn't real snow in Polly's eyes but it looked like snow in a dark night under a street lamp and that if they didn't get rid of it, she would struggle to see.





Dr Bendy and Dr Look chose a medicine to help get Polly's eyes better.

Then Dr Bendy asked for Nurse MacBuzzy, to explain about how to take the medicine.

At first Polly had some eye drops to take and then Polly was able to stop using eye drops and had an injection instead.

Nurse MacBuzzy explained that there were lots of different medications and it was important to find the best one for Polly.





Several months later Polly was back to running really fast. Her knee moved much better following the joint injection.

Polly had also been really good taking her special medicine for her eyes.

When Doctor Look, looked in them all he saw was what looked like an empty black sky, she had a healthy eye.





Polly thought it was strange that she had never seen the snow when it had been there.

Doctor Look explained that it was very tiny snow flakes and that he could only see them because he looked at her eyes through his special machine.

Polly thought it was a bit like when she hunted for shooting stars. If you weren't looking for them or it was a cloudy night you could miss them.

She was glad Doctor Look had his special machine and had looked at her eyes carefully. She loved watching things and was glad her special medicine was working.





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